



GIRLS VOLLEYBALL

ENTRY FORMS AND FEES DUE: DECEMBER 21, 2016

ENTRY FEE- \$ 175 PER TEAM

ACCEPTED LATE ENTRY FEE \$225 PER TEAM

COMPLETED ROSTERS DUE:	JANUARY 13, 2017
WAIVER REQUESTS DUE:	JANUARY 13, 2017
Season begins weekend of:	JANUARY 21, 2017
Addition/Replacements Deadline	February 13, 2017
Uniform Grace Period Ends:	February 13, 2017
DIOCESAN PLAYOFFS:	APRIL 22 through MAY 13, 2017

STRUCTURE AND FEES

<u>DIVISION</u>	<u>BIRTHDATE ON OR AFTER</u>
JUNIOR	1/1/99
TYRO	1/1/01
INTERMEDIATE	1/1/03
ROOKIE	1/1/04
BANTAM	1/1/05
NOVICE	1/1/06
PEEWEE	1/1/07

<u>DIVISION</u>	<u>#OFFICIALS</u>	<u>FEE</u>
JUNIOR	1	\$40
TYRO	1	\$40
INTERMEDIATE	1	\$40
ROOKIE	1	\$36
BANTAM	1	\$36
NOVICE	1	\$36
PEEWEE	1	\$36

OFFICIALS' FEES SPLIT BY BOTH TEAMS. ALL MATCHES CONSIST OF 3 SETS, RALLY SCORING AND NO TIME LIMIT.

No schedule will be sent out without a roster being submitted.

ALL CHILDREN SHOULD GET SOME PLAYING TIME IN EVERY MATCH DURING THE REGULAR SEASON. IT IS INCONSISTENT WITH THE NEW MISSION STATEMENT OF CYO, THAT CHILDREN DO NOT PLAY IN GAMES. WE ENCOURAGE ALL PARISHES (PAR'S) TO CONSIDER CREATING A POLICY CONCERNING PLAYING TIME TO COINCIDE WITH OUR MISSION STATEMENT.

- ADDITIONS & REPLACEMENTS:** A competitor may be added or replaced on the roster, up to and including,
Girls - **February 13, 2017**
Boys - **May 13, 2017**
If a team has an approved waiver player, the Sports Coordinator must approve the addition or replacement.

Once a player plays up age wise in a division he cannot play down in a lower division during the same season. Exceptions need approval from the Sports Coordinator and CYO Director.

- ROSTER SIZE:** The usual number of competitors is 12 per team. We strongly suggest roster sizes to be a minimum of 8 Players however, expanded rosters are allowed in all divisions and all listed competitors are eligible for regular season and playoff games. In the event that trophies are won, the parish is responsible for the cost of additional trophies beyond the 12 that are provided by CYO. **NO TEAM WILL BE ACCEPTED WITH 7 PLAYERS OR LESS ON THE ROSTER.**

- WAIVERS:** Non-parish eligible athletes may qualify to play through waivers. The waiver limits per team are: **Grammar School Division – 2 per team, High School Division – 4 per team.**

- All waiver requests are subject to approval by CYO coordinator and staff. Extended waiver limits must be approved by the CYO Director. **(Refer to CYO Rules and Regulations for Waiver Types)**

RULES OF COMPETITION

1. **RULES BOOK:** All divisions are governed by the current NCAA Volleyball rules with the exceptions as listed in this fact sheet.
2. **OFFICIAL SCORER:** The home team shall designate an official scorer at the start of each contest. Name and number of each player must be entered on the official Game Roster form/line-up sheet (Children under 12 yrs of age should not be keeping score). **Game Roster form must be handed to the opposing coach or scorekeeper prior to the start of the game. The form may be filled out in advance and copies made as needed.**
3. **WINNING SCORE:** The winning team must win by a margin of two points. All divisions play rally scoring. A point will be scored on side outs as well as when team has served. Pee Wee, Novice, Bantam, and Rookie divisions play to 21 points with a 23 point cap. Intermediate, Tyro, and Junior divisions play to 25 points with a 27 point cap on all sets.
4. **MINIMUM PLAYERS:** A set may be played with no less than 5 players. If a team has less than 5 players, it must forfeit the set. **NO PLAYOFF OR CHAMPIONSHIP MATCH WILL BE PLAYED WITH LESS THAN 6 PLAYERS.**
5. **SUBSTITUTIONS:** There is a maximum of 12 substitutions per set.
6. **FORFEITS:** Game time is forfeit time for first set. A minimum of 5 players must be court-side and ready to play at scheduled match time or when previous match ends. Second set is declared a forfeit 15 minutes after scheduled match time. Third set is declared a forfeit 30 minutes after scheduled match time. If a team is delayed in transit and has contacted the home team, consideration should be given to make attempt to play if possible. **Any team which forfeits two matches may be ruled ineligible for playoff competition.**
7. **STANDINGS:** Standings are kept by sets won and lost, not matches. Standings are compiled **from information on the CYO Line up sheet and sent to coordinator by the official. Coordinator may ask for some game results from the AD.** Any results not sent by final deadline will result in those sets being counted as losses. Playoffs are seeded according to standings. Team will be seeded last if no results are sent.
8. **SERVICE MEASUREMENTS:** Pee Wee and Novice will serve from 20 feet from the centerline. Bantam will serve from 5 feet inside the court from the end line. All others will use regular service from behind the end line.
9. **SERVICE FROM THE HAND:** Pee Wee, Novice, and Bantam teams may serve from the hand (ball can be held in the hand when contacted for the serve). For all others, ball cannot be held in

the hand to serve. The hand holding the ball must come away from the ball before player makes contact for the serve.

10. **SECOND TOSS:** Pee Wee, Novice, Bantam and Rookie teams may use a second toss for serve if needed. The additional toss will be granted as long as the referee deemed the first toss a try for serve. All divisions will have eight (8) seconds to serve the ball. Boys Intermediate may use a second toss for serve if needed.
11. **NET SERVES:** All divisions will use the let serve. If a served ball hits/touches/grazes the net and continues over to the other side, it is a good serve and must be played. If the ball hits the net and does not go over, the serve is no good and a side out occurs (point for receiving team).
12. **LIBEROS:** Rookie, Intermediate, Tyro and Junior divisions may use a libero player. The libero uniform shirt must be a contrast color to the team uniform shirt. The libero uniform must have a number on the front and the back of the shirt. The libero player may serve in one position in each set. The libero player will follow the rules in the NCAA rule book, except for certain CYO modifications (see separate Libero Information sheet which is part of these rules).
13. **LINES JUDGES:** Each team should be prepared to supply a lines judge for the match. The referee will brief the lines person on their responsibilities before the match. It is suggested an adult serve as a lines person.

EQUIPMENT

1. **BALL:** Home team will provide an official leather game volleyball, regulation net set up, and visible score. Scorekeeper may be provided by either team. Pee Wee division will use the official "liter" volleyball for all sets. Game ball should have 1/3 of its panels white.
2. **NET SET UP:** All poles for the net should be padded. Referee stand should also have some type of padding. Net height should be according to NCAA standards. Any exposed net cables should be covered and/or padded.

NET HEIGHT:

All Girls Divisions	7 feet 4 inches
Boys Intermediate	7 feet 4 inches
Boys Junior	7 feet 11 inches

3. **SCORE SHEETS:** Regulation score sheets should be used by all teams, as well as regulation line-up sheets.

UNIFORMS

Team Uniforms:

Shirts: All players on a team must wear identical shirts. All team shirts should have the parish name on the uniform and are numbered on the back (6 inch and centered) and on the front (4 inch and centered). Numbers should be a distinct contrasting color from the predominant color of the shirt. Identical shirts are defined as same color, same style (tee shirts or tank tops). If an undershirt is worn under the uniform shirt, it must be the same color as the predominant color of the uniform shirt.

Shorts: All players must wear acceptable shorts or sweat pants. All players must wear the same color shorts/sweat pants. No jeans or cut off shorts. Spandex shorts may be worn as long as the short has at least a 4 inch leg length. NO SPANDEX BRIEF MAY BE WORN while competing in a CYO match. Players who are not properly uniformed as to color and style will not be allowed to enter the game. THE PARISH NAME MUST APPEAR PREDOMINANTLY ON THE UNIFORM.

Numbers: All numbers from 0 to 99 are legal and must be a contrasting color from the shirt. Uniform shirt must have a 4 inch number centered on the front and a 6 inch number centered on the back of the shirt.

Neither coaches nor officials are permitted to waive this rule.

Uniform Compliance Dates

GIRLS - **February 13, 2017**

BOYS - **May 13, 2017**

THE PARISH NAME MUST APPEAR PREDOMINANTLY ON THE UNIFORM.

KNEEPADS: Kneepads are recommended and should be part of the uniform

FOOTWEAR: All players must wear proper athletic sneakers. No player should play in a wedge-style sneaker or street shoes with rubber soles.

JEWELRY: No jewelry or adornments of any kind are allowed during sets or warm-ups. This includes hair bands, rubber or elastic bracelets on wrists, and taped over earrings. No electronic devices of any kind should be used by a player while on the playing court.

SCHEDULING

COURT TIME: Each team must provide adequate court time for themselves to play or be classified as a 'Traveling Team'. Teams with less than the necessary amount of court time will be required to travel to wherever they can be accommodated.

REGULAR SEASON: Schedules will be developed by CYO staff. All teams should play 12 matches. An attempt will

be made to provide balanced levels of competition within sections.

TBS MATCHES: There may be some TBS matches on your schedule. TBS matches are the responsibility of the Parish AD's and all matches must be played before the end of the season. If not played, it will be considered a forfeit for both teams.

PROTESTS

- PROCEDURE:** All protests must be filed in compliance with CYO rules (Refer to CYO Rules & Regulations),
- TYPES:** Only field protests (misinterpretation of the rules) and eligibility protests are permitted.
 - Misinterpretation of the rules protest must be settled at that time. Official will consult rule book for correct ruling and explain ruling to both coaches. **You cannot protest a set because of a referee's judgment call.**
 - Player eligibility protests should be made before the start of the match, and all information noted on the score sheet. They are not decided at the site by the referee. The coordinator should be called to report the protest and a written protest accompanied by the protest fee should follow immediately. If the player is declared ineligible, the team will forfeit all sets of any match that the player participated in and the protest fee will be returned to the parish placing the protest.

LIBERO INFORMATION

Libero is an option – you don't have to use the position.

Uniform:

Libero shirt should be a CONTRASTING color to the team uniform shirt.

Libero shirt should have a centered number on the front & back.

Libero shirt should have its' own number.

Court Position:

Libero can only replace a back row player.

When libero rotates to front row, libero must be replaced only by the player libero went in for.

Libero exchange is made between ten foot line and end line.

Libero may serve in one position in a set.

CYO Modification:

According to NCAA rules, each libero player on a team must have their own libero shirt with a designated number. For CYO purposes only, each team using a libero can have one shirt with a separate number from other team shirts. That libero shirt may be exchanged between sets to give more players a chance to play the libero position. Libero shirt may NOT be exchanged DURING a set.

Scorekeeping:

Libero is tracked by the Libero Tracking Sheet; libero is not a formal substitution.

On volleyball score sheet, when libero serves, place a triangle around the serving position number. Any served points scored by the libero are designated by the point in a triangle (instead of a circle).



BOYS VOLLEYBALL

ENTRY FORMS AND FEES DUE: MARCH 30, 2017

ENTRY FEE- \$ 175 PER TEAM

ACCEPTED LATE ENTRY FEE \$225 PER TEAM

COMPLETED ROSTERS DUE: APRIL 13, 2017

Season begins weekend of: APRIL 22, 2017

Addition/Replacements Deadline May 13, 2017

Uniform Grace Period Ends: May 13, 2017

Regular Season Ends: June 4, 2017

DIOCESAN PLAYOFFS: June 5th through June 11th, 2017

STRUCTURE AND FEES

<u>DIVISION</u>	<u>BIRTHDATE ON OR AFTER</u>
JUNIOR	1/1/99
INTERMEDIATE	1/1/03

OFFICIALS' FEES

<u>DIVISION</u>	<u>#OFFICIALS</u>	<u>FEE</u>
JUNIOR	1	\$40
INTERMEDIATE	1	\$40

OFFICIALS' FEES SPLIT BY BOTH TEAMS. ALL MATCHES CONSIST OF 3 SETS, RALLY SCORING AND NO TIME LIMIT.